

List of Virtual or Zoom Grief Support Groups 11.20.20

These groups are not run by VNACHCH.
They are independent groups who have made themselves available to the community.
Please call or email the contact listed for current group information.

Griefshare:

1 p.m. Sundays. Via Zoom. Sponsored by Christ Chapel, 1185 Durham Rd., Madison.
Includes supportive discussion and journaling. All materials can be accessed online.
For info or to register, call 860-304-5695

Coping with Grief & Loss-Online Support Group

Every other Tuesday, 5-6 p.m., Adults 18 and over.
Call or email Anne Sansone, MS NCC. 860-358-0188, annesansone.ncc@gmail.com

Achieve Wellness, LLC, Orange, CT

Via Zoom. Adults 18 and over. Facilitators Linda Stone & Elizabeth Suraci. Beginning
on or after December 1, 2020.
Call or email Linda Stone: 203-915-4838, Lindrstone@gmail.com

Journey to Wellness Grief & Loss group

Group beginning January 1, 2021. Journeyct.com
Call or email Andrea Lynne Decrosta, 203-415-5162, adecrosta01@gmail.com